

LORMA COLLEGES
COLLEGE OF NURSING
 City of San Fernando, La Union

COURSE DESCRIPTIONS

COURSE CODE	COURSE TITLE	COURSE DESCRIPTION
NCM 100	Theoretical Foundation of Nursing	This course deals with the meta-concepts of a person, health, environment, and nursing as viewed by the different theorists. Likewise, it includes non-nursing theories as systems, developmental and change theories. It further deals with health as a multi-factorial phenomenon and the necessary core competencies that the nurse aims to develop
MC 1	Anatomy and Physiology	This course provides the students with an in depth study of the body systems, anatomical terminologies, body cavities and membranes, chemistry of life, cells and their functions, tissues their characteristics and functions, integumentary system, skeletal system, muscular system, nervous system, sensory system, endocrine system, circulatory system, lymphatic system & immunology, respiratory system, digestive system, urinary system, fluids and electrolytes and the reproductive system. Moreover, the study of Anatomy and Physiology provides the students with fundamental knowledge in the study of higher professional subjects in the medical field.
MC 2	Biochemistry	It involves the study of the molecular composition of living cells, the organization of biological molecules within the cell, and the structure and function of these biological molecules. The biological macromolecules focus on proteins, polysaccharides, and polynucleic acids (DNA and RNA), including the monomeric units of these macromolecules.
MC 3	Microbiology and Parasitology	The course deals with the introduction to the microscopic organisms and world around them and its role to everyday life. This course provides the students with vital microbiology and parasitology information that will enable them to carry out their duties in an informed, safe, and efficient manner. It covers the topics on antibiotics and other microbial agents, epidemiology and public health, hospital acquired infections, infection control, disease causation, natural body protection from pathogens and infectious diseases, and the major viral, bacterial, fungal and parasitic diseases of humans.
NCM 101	Health Assessment with Logic and Critical Thinking	This course deals with concepts, principles and techniques of history taking using various tools, head to toe physical examination, psycho-social assessment and interpretation of laboratory findings to arrive at a nursing diagnosis on the client across the life span of varied settings. Logic and critical thinking shall be the basis and structure of information gathering, focusing, remembering, organizing, analyzing, generating, integrating, and evaluating. Complex situations that will require student nurses to think through and reason about nursing in greater depth and draw deeper and more sophisticated comprehension of its meaning to the nursing profession are presented.



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 Region I
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JULY 20, 2018

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Director IV
 GR No. 27, s. 1980

COURSE CODE	COURSE TITLE	COURSE DESCRIPTION
NCM 102	Health Education	The course includes discussions concepts, principles, theories and strategies of health education as they apply in the clinical and classroom situations.
NCM 103	Fundamentals of Nursing Practice	This course provides the students with the overview of nursing as a science, art and a profession. It deals with the concept of man, as a holistic being comprised of biological, psychological, sociological and spiritual dimensions. It includes a discussion on the different roles of a nursing emphasizing health promotion, maintenance of health as well as prevention of illness utilizing the nursing process. It includes the basic nursing skills needed in the care of individual clients.
NCM 104	Community Health Nursing 1 (Individual and Family as Clients)	This course covers the concepts and principles in the provision of basic care in terms of health promotion, health maintenance and disease prevention with individual and family as clients. It includes concepts of health promotion and disease prevention; concepts of public health and community health nursing; Philippine Health Care Delivery System; and Family Health Nursing Process.
NCM 105	Nutrition and Diet Therapy	This course deals with the study of food in relation to health. It covers nutrients and other substances, their action and interaction, and balance in relation to health and diseases. It also includes the process by which an organism ingests, absorbs, transports, utilizes and excretes food substances. Its focus embraces as well the therapeutic and food service aspects of the delivery of nutritional services in hospitals and other health care institution.
NCM 106	Pharmacology	This course deals with pharmacodynamics, pharmacokinetics, clinical/ therapeutic uses and toxicity of drugs. Emphasis is given on how a drug works in order that student nurses can assess drug effects, intervene to make a drug more tolerable, and provide teachings about drugs and drug regimen especially that giving a drug to a patient is of paramount importance since nursing responsibilities include administering drugs.
NCM 107	Care of Mother, Child, Adolescent (Well Clients)	This course deals with principles and techniques of caring for the normal mothers, infants, children, and families and the application of principles and concepts on family and family health nursing process.
NCM 108	Health Care Ethics (Bioethics)	This course deals with the application of ethico-moral and legal concepts and principles to issues that affect the practice of nursing. These provide a basis for appropriate decision making given varied situations, to prepare the learner to render effective, efficient and safe nursing care. Furthermore, related learning experiences provide opportunities to concretize commitment to nursing. The Critical thinking process shall be used in the unit with the objective of developing the intellectual capacity to conceptualize and contextualize what students know about particular ethico- moral and legal issues.



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NCM 109	Care of Mother, Child at Risk or with Problems (Acute & Chronic)	This course deals with the concept of disturbances and pre-existing health problems of pregnant women and the pathologic changes during intra partum and post partum periods. This course further deals with the common problems occurring during infancy to adolescence stage.
NCM 110	Nursing Informatics	This course provides the students with knowledge and skills in the use of information technology and data standards based on nursing informatics principles and theories. It further deals with the utilization of clinical information systems in the management and decision-making of patient care.
NCM 111	Nursing Research 1	This is an introductory course intended to equip the students with concepts, principles in research starting from an overview of the major phases of the research process. The course includes discussion from formulation of a research problem to the selection of the research design, planning and choosing the appropriate research tools for data gathering. It requires the student or group of students to present a research proposal in a colloquium with the application of knowledge and demonstration of skills and attitude in the conceptual, design and planning phase of the research process.
NCM 112	Care of Clients with Problems in Oxygenation, Fluid and Electrolytes, Infectious, Inflammatory and Immunologic Response, Cellular Aberrations, Acute and Chronic	This course deals with the principles and techniques of nursing care management of sick clients across lifespan with emphasis on the adult and the older person, population group in any setting with alterations/problems in oxygenation, fluid and electrolyte balance, infectious, inflammatory and immunologic responses, cellular aberrations, acute and chronic.
NCM 113	Community Health Nursing 2 (Population Groups and Community as Clients)	This course covers the concepts and principles in the provision of basic care in terms of health promotion, health maintenance and disease prevention with population groups and community as clients. Topics include Community Health and Development Concepts; working with groups toward community development; community health nursing process; related laws in public health nursing; and health statistics and epidemiology.
NCM 114	Care of the Older Adult	This course is designed to introduce the student to care for critically ill patients. Emphasis is on rapid assessment, setting priorities, rapid decision-making and appropriate nursing interventions. The course includes cases with cardiovascular, pulmonary, renal, neurologic, and multisystem alterations affecting the chronically ill and the older person. It also includes concepts, principles and dimensions of quality health care, and quality standards for Health Provider Organizations.





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NCM 115	Nursing Research 2	<p>This course is a continuation of Nursing Research 1 which includes the collection of data, analysis, interpretation, summary and conclusion and recommendation. Advising is done throughout the practicum sessions.</p> <p>The course provides the student/group an opportunity to undergo the final research defense process to appreciate data gathering, analyze and interpret study results, disseminate the findings and make recommendations based on the results of their respective studies.</p>
NCM 116	Care of Clients with Problems in Nutrition and GI, Metabolism and Endocrine, Perception and Coordination (Acute and Chronic)	This course deals with the principles and techniques of nursing care management of sick clients across lifespan with emphasis on the adult and the older person, population group in any setting with alterations/problems in nutrition and GI, metabolism, endocrine function, perception and coordination.
NCM 117	Care of Clients with Maladaptive Patterns of Behavior, Acute and Chronic Care of Clients with Maladaptive Patterns of Behavior, Acute and Chronic	The course is designed to focus on health and illness across the lifespan of clients, population groups with acute and chronic psychosocial difficulties and psychiatric illnesses. Course contains two concepts: Psychiatric Nursing and the Care of Psychologically ill clients. The course offers opportunities for students to be deployed at the National Center for Mental Health to experience an actual encounter with psychologically ill clients.
NCM 118	Nursing Care of Clients with Life Threatening Conditions, Acutely Ill/Multi-Organ Problems, High Acuity and Emergency Situation, Acute and Chronic	This course deals with the concepts, principles and theories of human behavior and the care of the sick client across the lifespan with emphasis on life threatening conditions, acutely ill, multi-organ problems, acute biologic crisis, high acuity and emergency situations.
NCM 119	Nursing Leadership, Management and Professional Adjustment	This course deals with the theories and principles utilized by the nurse to function independently and in collaboration by the nurse and others in varied health care settings. It focuses on the development of skills in organization, management, leadership, and interpersonal relationships. The ethico-legal, spiritual and cultural aspects of nursing practice and the responsibilities of the nurse for personal and professional growth are emphasized.
NCM 120	Decent Work Employment and Transcultural Nursing	<p>This course introduces the student to transcultural nursing concepts, assessment, and the role of culture in understanding and caring for diverse clients in health care settings. Various cultures and their concepts of health and illness will be examined; special emphasis is placed on providing health care in global context.</p> <p>Likewise, this course orients the students on occupational hazards including psychosocial risk factors like biological, physical, chemical and ergonomic; competitive salaries; social security, fair globalization; education; gender equality; low risk; with labor rights and fairness.</p>

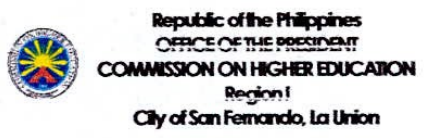


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NCM 121	Disaster Nursing	This course provides the students with an in depth understanding of the nature of emergency nursing and identifies the role of the nurse in meeting different needs of emergency patients. It will help them to provide efficient nursing care during emergency and disaster situations. Knowledge and skills are taught to enable them deliver basic and complex care to urgent, emergent, and critical patient population and nursing care for specific medical emergencies is considered. Furthermore, the practice in the skills lab introduces nursing students to Advanced Cardiac Life Support (ACLS).
NCM 122	Intensive Nursing Practicum – Care of Any Group of Clients in the Hospital and Community	Actual application of the theories, principles and concepts of clinical nursing practice to groups of clients in varied settings to refine nursing skills in the different basic nursing services including community. Emphasis is placed on integrating the multiple roles of professional nursing as a vehicle to enhance critical thinking and communication skills.
CA 1	Competency Appraisal 1	This course deals with the application of concepts, principles and processes basic to the practice of nursing with emphasis on health promotion, health maintenance, disease prevention, risk reduction, curative and rehabilitative aspects of care of healthy/at risk individuals (e.g. mother and child), family, group and community with alterations in oxygenation, fluid and electrolyte imbalances, metabolic and endocrine conditions.
CA 2	Competency Appraisal 2	This course deals with the application of the concepts, principles and processes basic to the practice of nursing with emphasis on health promotion, health maintenance, preventive, risk reduction, curative and rehabilitative aspects of care of sick individuals with alterations in cellular aberrations, adjustment problems and maladaptive patterns of behavior, acute biologic crisis, disaster and emergency. It includes the utilization of the nursing process and the core competencies under the eleven (11) key areas of responsibility.

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