

LORMA
HIGHLIGHTS

LORMA Colleges
Highlights

A.Y. 2022-2023 | ISSUE 1



THE
LORMA
Smile

Letter from the Editor



Warm greetings with a Lorma smile! It is my greatest pleasure to address to you this letter as the Editor-in-Chief of our beloved, Lorma Highlights. This school year is indeed eventful and exciting in numerous ways: filled with remarkable memories, tremendous achievements, newly recognizable talents, bright minds, and creative spirits. I am truly honored to have the responsibility to capture the essence of our incredible Lorma community.

Our magazine is more than just articles and stories: it is a testament to Lorma's vibrant tapestry. We have strived to make our magazine a treasure trove for diverse perspectives. We lurk into the depths of this society, exploring a wide range of topics that we know would satisfy our beloved readers: ranging from thought-provoking social issues, inspiring stories, awe-inspiring achievements, the dreams and aspirations of the students, and the captivating artworks.

The aim of this publication is to foster the oneness and understanding of our community: encouraging everybody to expand their horizons and immerse in meaningful conversations. I am happy to say that our publication has indeed curated content that upholds the vision and mission of Lorma, and has celebrated the wide-range of interests of the Lorma community across various aspects.

I would like to express my heartfelt appreciation to our beloved Editorial Team in showcasing their unwavering passion and hard work in working tirelessly to bring forth this magazine to life. Your efforts are well-appreciated, and I am truly confident that, altogether, we can ensure a magazine that surpasses the premium standard of quality.

To the backbone of this publication- our advisers and consultants, I would like to extend my gratitude for supporting and encouraging us throughout our journey. The knowledge you have imparted us, your advices we have sincerely put to heart, and your impeccable expertise have been helpful in nurturing the fruits of our labor.

Lastly, I would like to commend the entire Lorma Community, especially to those who have contributed to the success of our magazine. The Lorma Highlights team commends you for your experiences, passion, creativity, and willingness to share your voice that has been the foundation of this magazine: fully unleashing the true Lormanian spirit.

As we move forward through the magic of this magazine, I will promise that if you embrace this opportunity to journey with us- you will become a part of this great community that we have built!

Kristine Ochangco
Editor-in-Chief

TABLE OF CONTENTS

- 1 “Kuya, Para po!”: A Push to Modernize Jeepney Transport
- 2 “Cruel Summer”: Beating the Effects of Scorching Heat
- 3-4 Life Inside the Campus
- 5 A Day with the turtles: A collaboration of Lorma Eco Club and CURMA
- 6 Student Nurses Celebrate Nurses’ Week with a Blast!
- 8 Nagsubli! Lormanian Pioneers Return To Their Second Home
- 9 A Sweet Victory: Lorma Colleges' College of Business Scoops devours the Ayat Festival 2023 Halo-Halo Competition
- 10 Back on Track: School Caravan 2023
- 11-12 53rd Foundation Anniversary: A Day of Celebration, A Day of Unveiling Culture
- 13 A Week for Lormanian Phytons
- 14-15 CPRT, COB Reap Golds in Futsal and Table Tennis Tilt
- 16-17 CCSE survives CON, nabs Lorma Sportsfest ML Crown
- 18 CON, CPRT Dominates 2023 Badminton Tourney
- 19 Good Traits, Best Qualities
- 20 Discover the Hidden Gems in La Union
- 21 Sangguniang Mag-aaral ng Lorma President Turns Mutia Ti La Union-Kalikasan
- 21 Ode To Myself
- 21 How Do You Feel Today
- 22 Altogether There Was That Corner: The Trade Fair

EDITORIAL BOARD



Kristine A. Ochangco
(Editor-in-Chief)



June Joshua R. Maglalang
(Assistant Editor in Chief)



Franz Mykel I. Estrada
(Managing Editor)



James Stephen Sanchez
(Sports Writer)



Jessica Ibale
(Feature/Literary Writer)



Arabella Grace Navor
(Feature Writer)



Louisse Grace Antolin
(News Writer)



Choue Hufalar
(News Writer)



Raven Jay A. Lozano
(Editorial Writer)



Nicole Angela Go
(Editorial Writer)



Sophia Ganaden
(Editorial Writer)



Sherlene Desyre Dulay
(Literary Writer)



Janica Marzo
(Literary Writer)



Kenneth Garcia
(Cartoonist)



Victoria Orros
(Cartoonist)



Joshrey Magno
(Digital Cartoonist)



Eubastine Diamante
(Digital Cartoonist)



Dan Andiel Diaz
(Layout Artist/Photo Journalist)



Gerwin Gagucas
(Layout Artist)



Almira Victoria U. Rendon
(Graphic Designer)



Nathalie Riz Delmonte
(Graphic Designer)



Ralph Ronald Santos
(Photo Journalist)



Cherry Ballesteros
(Photo Journalist)



Charles Justin Pasca
(Photo Journalist)



Dr. Amelia N. Vicente
(Dean, College of Education
and Sciences)



Maria Josefina A. Soriano
(Coordinator of Student Affairs/Lorina
Highlights Consultant)



Reinalyn J. Bucsit
(Assistant Adviser)



Angelica L. Balaguer
(Adviser)



Almira S. Paraguas
(Assistant Adviser)

“KUYA, PARA PO!”. *A PUSH TO MODERNIZE JEEPNEY TRANSPORT*

BY RAVEN LOZANO



The jeepney is one of the many symbols of our Filipino identity and has always been a part of our culture. Since jeepneys first hit the road in the 1950s, they have served as the "go-to" means of public transportation for many Filipinos and have now evolved into a cultural symbol. It is a symbol of Philippine resilience and resourcefulness.

Decades have passed, and jeepneys have also been a symbol of the gradual progress of our country. The description of jeepneys reflects the situation of our country: it is crowded, unhealthy, unsafe, harmful to the environment, and deteriorating public transportation. A symbol of a country struggling to progress.

One week of not being able to hear the familiar engine sound and loud "beep" of the jeepneys because of the nationwide transport strike of jeepney drivers in opposition to the proposed modernization program. This program aims to phase out jeepneys, buses, and other public utility vehicles (PUVs) that are at least 15 years old and replace them with safer, more comfortable, and environmentally sustainable alternatives for the next three years.

Just to be clear, jeepneys are not going anywhere. The "Hari ng Daan" will not be scrapped; instead, the Department of Transportation (DOTR) approved several modern designs that are much more comfortable and humane to use and suitable for global standards.

The DOTR initiated this program in an attempt to organize the country's public road transportation system, and they have our government's support.

However, jeepney drivers and operators oppose the idea of this program and shout "No to Jeepney Phase-Out". According to DOTR, traditional jeepneys are not going to be simultaneously converted into PUVs in a short period of time, but places that are prepared will first undergo the modernization program. Transportation Secretary Jaime Bautista also reiterated that June 30, 2023, will be the deadline for those jeepney operators to consolidate their cooperatives or corporations. It was never mentioned that June 30 would be the deadline for those operators to provide new equipment for the PUV. The PUV Modernization Program is a government initiative in which the government has provided subsidies and loan programs, and the program actually features 5 percent equity for vehicle purchase, a 6 percent interest rate, and a seven-year repayment period.

This modernization program will solve the long-term problem of our public transportation system. Drivers and operators will earn more than they have in the past few years. Along with the modernization program is the goal that the driving time of drivers will not exceed 18 or 20 hours. It also aims to abolish the boundary system in which jeepney drivers are able to take home more earnings than before.

And since jeepneys are notorious contributors to pollution, the emission of excess amounts of smoke will be reduced compared to e-jeepneys.

There's no such plan to eliminate jeepneys on the road. DOTR initiated a program to fix the road public transportation system of our country with the help of modernizing the design and technology of jeepneys. This does not mean that the drivers will be left poor and jobless. Instead, they will become drivers in an era of advancements and changes. Are we up for the challenge of modernizing transportation? Or do we prefer to just settle with what we have used to because that's the only option we all thought was possible? Yes. We are up for the challenge of modernization if it is for better and safer transportation. After all, we all wanted to go home to our families without compromising our safety.

Editorial

“Cruel Summer”: *Beating the Effects of Scorching Heat*

Written By *Sophia Alleyn Ganaden*
Cartoon By *Victoria Orros*

Pinas, can you already feel the heat? Summer is the most exciting season in the Philippines for most people. As it serves as a reminder that summer break is almost approaching. Where individuals can sunbathe, engage in outdoor activities, and bask under the warmth of the sun. Since we are in this season, there are numerous activities that can be undertaken. This has also demonstrated why the Philippines is known as one of the most tropical countries in the world. However, as we have progressed through the years, there have been changes and adverse outcomes that we have witnessed.

Could people still rekindle their favorite summer memories if the summer warmth that people used to cherish and enjoy is here no more? The rest of the world has been complaining that it's getting hotter here in the Philippines. Yet with the impending scorching temperatures, the Filipinos have once again demonstrated their resilience in such situation.

This situation is highly linked to a heat wave that has already snapped temperature records across much of Asia. To make matters worse, the El Niño phenomenon may occur later in 2023, resulting in even higher temperatures. The heat wave has

afflicted many Asian countries, including India, Thailand, Bangladesh, Laos, Vietnam, and the Philippines. Recently, the Philippine Atmospheric, Geophysical, and Astronomical Services Administration (PAGASA) declared that temperatures in many parts of the Philippines could reach 40 degrees Celsius or more. This phenomenon has influenced many of us, with health, economic, and environmental consequences.

Yet with the impending scorching temperatures, the Filipinos have once again demonstrated their resiliency. Just as how they remain hardy in the tempest storm, they remain strong and beat off the cruel summer by visiting and splashing themselves in pools and beaches, cooling down with "iced" treats, and staying hydrated.

Meanwhile, the current heat wave is also exposing people to stroke, dehydration, and heat exhaustion. Besides, due to severe heat in classrooms, classes are being canceled for the first time in decades. As a result, there are now calls to return to the traditional schedule of starting school in June and taking a vacation in April and May.

Editorial

Thus, the prevalence of this issue compels us to take prompt action to address it.

Although the current administration has announced the adoption of a plan to lessen El Niño's effects, it does not specifically address the issues raised by this phenomenon. The Philippines must create a strategy to deal with heat waves and high heat indexes both nationally and locally. This strategy should include guidelines for all industries to adhere to during periods of extreme heat, with a focus on safeguarding the most defenseless. It should also consider regional environmental, social, and economic considerations, including water availability, different types of pollution, and the capacity of nearby hospitals and emergency services. It should include clear procedures for disseminating urgent information on handling extremely cold temperatures.

Setting up early warning systems, particularly in high-risk areas, and clarifying the duties of government agencies and other key stakeholders is vital to responding to disasters quickly and correctly. Resilience has never been more important or necessary for every Filipino. Together, let us beat the heat of the "cruel summer" by acknowledging the intrinsic worth of the earth and conserving water.



LIFE INSIDE THE CAMPUS

Written By Sherlene Desyre Dulay

Life on campus is never the same as an online class; that could easily be agreed on. There are more people inside the campus, for one, making it truly feel like college. Everywhere, students are talking with their friends, some taking out their phones and reviewing for an upcoming test or playing games with each other.

On campus, since COVID-19 is still present, there will be days when some students are not seen on campus, giving them flexible schedules to learn at their own pace and finish their projects. The time to enter the school is also different from elementary and high school, where students are expected to enter at 7:30 a.m.

In fact, there would be some with schedules that required students to enter at 1 p.m., giving them some hilarious meetings with their teachers whenever they would greet them. One greeting that is recurring would be the accidental slip of "Good morning, po, ma'am/sir!" in the halls or in the class. Humoring them a little, the teachers would either look at the clock or their watches and, with a teasing remark, ask, "Are you sure it's still morning?" while they watched the unfortunate students look at their watches in surprise or laugh amongst themselves.

Masks are still required—understandably so, considering the school is located right next to the hospital. Students would go up and down the winding stairs and catch their breaths, leaning on the handrails or trying to go to the nearest chairs, fanning themselves and huffing while still wearing their masks. They would go to their classrooms and have their lessons, concealing some yawns and blinking their teary eyes, acting as if something had gone in.

They would leave to have their break outside of campus and have a quick time to put down their masks to eat, going to the nearest shops just in front that are selling sandwiches, turons, empanadas, and so much more. Some would cross the street to go to 7/11 and cool off, while others would resist the heat of the sun and go further. There is a cafe near the campus, of course, for those who would rather not stray too far away. A few students would go in, some with their friends, some alone with their earphones blasting music, taking off one bud, and ordering their drinks.

There are some spaces in between the buildings that are closed off from the front and filled with plants and well-placed chairs to let students hang around. Students would pass by it, some clutching vials and microscopes or carrying their portfolios. Others could even pace on the cobblestones, muttering to themselves and reviewing.

For every course, there would be different events that were happening without the other people's knowledge, unless their teachers had already warned them ahead of time or they had friends on the other side. One could go to class and realize there are stalls lining up by the gates selling different kinds of materials, like plushies or homemade sweets. Events from the specific courses would have the students mandated to go for them to enjoy and socialize with more students other than their classmates. Students could hang around and sit in silence, just listening to the screams and shouts of support, and hide from the wandering cameras that asked their course-specific questions.

Editorial

They could stutter and widen their eyes, their minds racing for a minute, and give an answer, hoping that was the correct one. They could also join various events such as mobile game show-offs, singing competitions, quiz bees, dance competitions, and more.

At 4 p.m., expect some facilities to be closed. The business office strictly closes at 4 and would tell the students to come in earlier tomorrow, only if it isn't the weekend the next day. It would leave some students huffing and puffing and some panicking because they haven't yet bought their uniforms or other stuff. The library also closes by that time; a sign hangs off the door saying "closed". The cafe would also sometimes be closed near that time, softly saying it was time for them to close up with an apologetic look. The lights would be off in some classrooms and hallways, casting an eerie or comforting silence, with shouts and curses disrupting the peace by students pranking their friends by closing the lights or flashing their phone's flashlight.

By the end of the day, they would pray and be sent off to go home. There would be a crowd gathering in the corridor with laughter and whispers about plans to go somewhere with one another. Others would sprint, eventually slowing down near the guards and then running off to catch their rides home; otherwise, they would be stuck waiting for one more hour or more. Bids of "Bye po, ma'am/sir!" could be heard as they came across their teachers who were also going home.

Life on campus could be stressful because of a number of factors, like the strict compliance of being punctual or the neat trim of hair that wasn't too strict in online classes. It could even make one cry if they left their phones, their watches, their laptops, their homework, and their projects—forgetting anything and everything important (even their lessons). However, it could also be enjoyable by hanging out with their friends, learning and laughing with their teachers, being provided with allowances, and just being there in general. It could be enjoyable because of the experiences they are having at that moment and the knowledge they could have for the rest of their lives.



A DAY WITH THE TURTLES:

A collaboration of Lorma Eco Club and CURMA

BY LOUISSE GRACE ANTOLIN

"Turtles actually help maintain coral reefs and sea grass beds which benefits other sea life forms like tuna, lobster, and shrimp."



Photos from Curma

On November 5, 2022, the LORMA Eco Club and CURMA Training Center splashed LORMAnians with interesting and fun activities and lectures for the awareness of protecting the environment and marine conservation.

LORMAnians experienced a fun day learning with friends while aiding the environment. The day started with a beach cleanup in San Juan, La Unio where the students had fun picking up trash at the seaside; students, teachers, staff, and even alumni of LORMA Colleges enjoyed collecting as much trash to be audited at the end of the clean-up at the coastline. Tons of students succeeded in collecting a lot of trash from the shore of San Juan. Afterwards, the students and other participants assessed the trash they collected. After a tiring beach cleanup, LORMAnians enjoyed their free time, snacking, roaming around, and even interacting with their fellow LORMAnians.

Numerous speakers are present to share their knowledge with the youth, teachers, staff, and alumni of LORMA Colleges. Ms. Mila Celeste, Mr. Tobby Tamayo, Mr. Carlos Tamayo, and Mr. Celso Jucutan, along with their years of experience in Philanthropic and environmental duties, enlightened the attendees and encourage them to be the pioneers of environmental change.

Brandon Guerrero from BSPT-1 who joined the activity with his friends mentioned that he always wanted to learn about marine life for him to be able to give help in improving and maintaining marine life.

"Saving turtles has always been a dream of mine because besides the fact that they are cute, turtles actually help maintain coral reefs and sea grass beds which benefits other sea life forms like tuna, lobster, and shrimp."

Students with burning curiosity had the chance to see the turtles and appreciate marine life. Students from different departments of the LORMA Colleges were able to meet each other and share their opinions and insights during the program.

Mr. Andrew Rimando, adviser of Lorma Eco-Club, acknowledged the presence of their attendees who were willing to help ocean life and to learn about environmental protection, community development, and sea turtle conservation. He also thanked the people who helped to make the San Juan Beach turtle-friendly again. With the collaboration of LORMA Eco-Club and CURMA, LORMAnians established relationships with their fellow participants with the environment as a binding force.

LORMA with CURMA.
Lorma Eco-Club and CURMA unites to protect the environment and preserve marine life.



STUDENT NURSES CELEBRATE NURSES' WEEK WITH A BLAST!

BY NICOLE ANGELA GO



**"NURSES TODAY: IGNITING INNOVATION AS A
MEANS OF PRESERVING OUR LIFELONG
MISSION OF SAVING LIVES"**

After 2 years of online celebration, the College of Nursing (CON) celebrated its Nurses' Week on-ground with the theme, **"Nurses Today: Igniting Innovation as a Means of Preserving our Lifelong Mission of Saving Lives,"** at Lorma Colleges, Carlatan Campus, October 26–27, 2023.

"In line with the theme, we celebrate the innovations that aid in our mission as nurses to save lives, and we encourage everyone to hopefully contribute to igniting more innovations and inspiring others to share the same mission,"

stated by Shane Kieffer Gandia, President of the Nursing Student Body Organization, as he formally declared the official start of the Nurses' Week.

The NSBO presented beforehand ten highlighted activities for student nurses and clinical instructors for them to enjoy including Tree-bute, Poster-making Contest, Sinagaya, Nursing Quiz Bee, KalooCONlike, A-nursing Race, and Lipsync Battle for Day 1, and Laro ng Lahi, Teacher's Day Tribute, and CON Got Talent for Day 2.

The event started with the Chairman of each class participating in the Tree-bute of Hope where they planted seedlings in front of the Founder's Building and ended with astounding CON Got Talent performances that made the crowd go wild.

To make the event more exciting, the NSBO also prepared giveaways and raffle draws for student nurses such as nursing reviewers from Carl Balita Review Center, pens, notepads, and Nurses' Week pins. **"This year's Nurses' Week was indeed a blast! From energetic hosts to exciting raffles, we sure can't get enough!"** said one participant of the event.



“RECONNECT, REJOICE, RELIVE”



Photos from The Lorma Schools

LORMA Smile & Warmth.

Lorma Alumni reconnects with their friends, rejoices for all the blessings, and relives the spirit of a true Lormanian during the Panagsubli 2023.



NAGSUBLI!

LORMANIAN PIONEERS RETURN TO THEIR SECOND HOME

“A chance again to feel the warmth of the Lorma family.”

On the 24th of February 2023 at the Pavilion of the LORMA Colleges Carlatan Campus, different alumni from all over the world greet each other with a LORMA smile as they spend the rest of the day enjoying and reminiscing their times in LORMA Colleges as they celebrate the Panagsubli 2023 with the theme: **“Reconnect, Rejoice, Relive”**.

The Panagsubli 2023 started with the LORMA Arangkada, a motorcade, and Milestone Walk as they marched together to the path of memories shared in their proud Alma Mater.

The Welcome Message of the President of LORMA Colleges, Dr. Carol R. Macagba, opened the Panagsubli Festival 2023. Dr. Rufino L. Macagba also shared inspirational messages and walked down memory lane along with the attendees. LORMA alumni spent their time in the Pavilion reminiscing the memories of the past and seeing how LORMA Colleges changed throughout the years with continuous progression. Thanks to the LORMA Alumni Network, former students of LORMA Colleges - from Basic Education to College - can be apprised of the current happenings in the institution.

“... to meet again the people who were with you while you are building your chosen future profession...”

“For me, it is the chance now to meet again the people who were there with you while you are building your chosen future profession at the institution, and also a chance now to meet the other generations of alumni. A chance again to feel the warmth of the Lorma family. It is a very rare event to gather all the alumni, because of the busy schedule, aside from that, most of the alumni are currently residing abroad.” stated by Mr. Rodolfo Natarte, an alumnus of LORMA Colleges and an instructor of the institution.

Attendees not only spent their time chatting and having throwbacks of what they used to do during college, but they also have entertainment with several fun and amusing activities and booths prepared by different colleges.

BY LOUISSE GRACE ANTOLIN

Alumni also enjoyed the “salo-salo”, a meal together with their fellows, and snacks and plentiful foods prepared for them.

“To feel again the warmth of the established rapport, it was great! To build such a connection with my Lorma family is such a great blessing.” This is the sentiment of Mr. Natarte and he also realizes how he missed being a student, seeing his old classrooms and instructors whom he considered as his second parents as they look back on their memories and experience.

A day well spent with familiar faces, amicable personalities, and shared memories with people who cross the border, proud and have the heart of a LORMANIAN. Panagsubli Festival 2023 reunites people, having them reconnect with old souls, rejoice for union and companionship, and relive the pride with LORMANIAN smile on their faces. And at the end of the day, each has other memories molded into a new story in LORMA Colleges.

3Rs: Reconnect, Rejoice, Relive
Lorma Alumni reconnect with their old friends, and meet new ones during the Panagsubli Festival 2023.



Photos from Lormanian Alumni Network

A Sweet Victory:

LORMA COLLEGES' COLLEGE OF BUSINESS SCOOPS DEVOURS THE AYAT FESTIVAL 2023 HALO-HALO COMPETITION

BY JESSICA IBALE

Three Bachelor of Science in Hospitality Management students from Lorma Colleges ranked 3rd with their "Baolo-halo" during the 2023 Ayat festival Halo-halo Competition that commemorates the 173rd Foundation Anniversary of the Provincial Government of La Union on March 3, 2023, at the Salu-salo Agri-tourism Trade Fair, Mabanag Quadrangle, City of San Fernando, La Union.

Allen Peralta, Allysa Kaye Badua, and Lady Lyn Sadumiano added a twist to the traditional halo-halo that incorporated the province's product in making the dessert; a unique and fantastic dessert experience with their creative use of ingredients, including baked bibingka with salted egg from San Juan and basi-based ice cream, a product of Naguilian—mixed with the traditional ingredients of halo-halo. The team's dedication and creative strategy were rewarded with third place in the halo-halo competition.

Their Baolo-Halo won them a well-deserved prize of 5,000 pesos after impressing the judges. It was evaluated according to various criteria ranging from taste, presentation, creativity, and balancing different flavors in their dish.

Contestants who joined the halo-halo event must create a four-serving halo-halo desserts within 10 minutes of preparation and 5 minutes of assembly.



Their halo-halo was called "**Baolo-halo**" because they used a Bao, a product of Bauang made from sun-dried coconut shell as the bowl. By combining the terms Bao and Halo-halo, Baolo-halo was created. According to the finalists, the name Baolo-halo emphasizes the usage of a Bao and depicts the tropical and invigorating flavors of Halo-Halo, making it an appropriate and memorable choice.

"Baolo-halo"

Back on Track: School Caravan 2023

BY RAVEN LOZANO

LORMA Colleges are back again with its School Caravan after three years of flexible online learning.

It successfully conducted its school caravan at the different schools of La Union including Luna National High School, Bacnotan National High School, Regional Science High School for Region 1 at Bangar, Naguilian National High School, and Don Eulogio De Guzman Memorial National High School at Bauang, La Union from February 22, 2023 to March 17, 2023.

The caravan was facilitated by **Mr. Evergisto Garcia**, the Head Coordinator of the school caravan together with **Mr. Maverick Kaypee Colet**, the Assistant Dean for the programs Bachelor of Science in Physical Therapy (BSPT) and Bachelor of Science in Exercise and Sports Sciences (BSESS), **Ms. Rina Livara**, a faculty member for the Bachelor of Science in Respiratory Therapy (BSRT), and **Mr. Alessandro Arellano Jr.**, the Academic Coordinator for the Bachelor of Science in Respiratory Therapy (BSRT). The team provided an overview of the course descriptions, curriculum and career opportunities aligned with the different paramedic and non-paramedic programs of LORMA Colleges to the Senior High Students of Luna, Bacnotan, Bangar, Naguilian, and Bauang, La Union.

Other related concerns, such as scholarships, entrance exam, and retention policies were also discussed as raised by the participants.

“The purpose of the school caravan is to let these feeder schools feel that there is still LORMA Colleges who is very willing to co-work with them in preparing their students to fulfill their dreams that they are having, especially on paramedical courses that we are offering and of course, the non-paramedical courses in the CLI (Center for Learning and Innovation) at San Juan extension campus.” Mr. Garcia said

The said caravan ended triumphantly hoping that the initiative of the college will help the students of the said schools to decide which program fits them well.



LORMA, Your Way for a Brighter Future
Lorma conducts Career Comrades Caravan in various schools in La Union and provides overview of the courses offered in the institution.



Photos from The Lorma Schools



53RD FOUNDATION ANNIVERSARY: A DAY OF CELEBRATION, A DAY OF UNVEILING CULTURE

BY NICOLE ANGELA GO

After two years, students, instructors, members of the administration, and the whole Lorma community has finally united once again as one Lormanian spirit to celebrate the institution's 53rd Foundation Anniversary with the theme, "Unveiling Culture Towards the Future"

The highly anticipated event began with a thanksgiving service at the Lorma San Juan Campus Gymnasium presided over by Officiating Minister Pastor Ariston Ansagay.

The celebration continued with the Lorma Float Parade which was participated by a total of ten departments bearing their own version of its theme—Philippine Heritage.

When asked about the reason behind the theme, Sangguniang Mag-aaral ng Lorma(SML) Vice President George John Dela Cruz mentioned that the modernization of this age neglects to acknowledge the beauty of the past that's why they want to revive and introduce a love for the culture since Lorma Colleges is an institution that honors and values Philippine heritage and roots. "We often forget our roots or where we came from. The float parade unveils the creativity of students in utilizing the past and creating something for it to be remembered. It is substantial to let the LORMANIAN students see the beauty and heritage of the country for them to recognize the worth of our culture and heritage," said Dela Cruz.

Upon the achievement of the Nursing Department, Mrs. Maria Rosario Corpuz, one of the Clinical Instructors who is one of the minds behind the the float's design mentioned that the float's design emphasized a perfect representation of student nurses' creativity, hard work, and passion. The main attraction of the float is the La Union icons that represent products and symbols of the towns that make our province famous to the rest of the world," Mrs. Corpuz proudly stated.

With a total score of 94.5%, the College of Nursing (CON) successfully bagged the Best Float award with its float embodying the products and symbols of the province of La Union. While the College of Business bagged 2nd place with their float based on the heritage of the City of Flowers-Zamboanga and having a score of 88.3% and the College of Pharmacy with their Vinta-like float bagged 3rd place with a score of 84.67%.

Pertaining to "Our Heritage, Our Home", she mentioned that Lorma is an invaluable inheritance from the noble founders for their family and the people. It is also

home to thousands of world-class professionals who are now of service not only to the Filipino people but to the whole world.

UNVEILING CULTURE



Unveiling La Union the Melting Pot of Diverse Cultures.

College of Nursing unveils the various cultures and products of La Union in the float parade.

Photos from The Lorma Schools





Photos from The Lorma Schools

FIRST RUNNER-UP

SECOND RUNNER-UP

NEWS UNVEILING ART

In line with this year's theme, the Sangguniang Mag-aaral ng Lorma (SML) also held activities that showcase the creativity of students, including the Art Exhibit 2023 and Spoken Word Poetry. "On the background, we showcased the sun and the Philippine flag to represent the 'Filipino' aspect of the artwork. In between the rays of the sun, are the professionals that the students can become in the future," said Jennica Galleta, the Artwork Exhibit 1st placer.

Galleta mentioned that her team created the artwork to showcase Lorma College and the Filipino culture in general. At the same time, she mentioned that as a resident of La Union, an agri-tourism-advocated province,

they should be instilled with patriotism and pride in their local culture as they continue to pursue their endeavors to become future professionals with positive Filipino values to be of service not only in the local but on a global perspective.

UNVEILING TALENT

To unveil and showcase exceptional Lormanian talents, the SML paved the way for Lorma Got Talent (LGT) which has two categories: Student Category and Faculty Category.

In the student category, The Triage and RNers from the CON were awarded as Champion, Crishara Palomo from CON was placed 2nd, and FALCONS from Basic Education Schools (BES) was placed 3rd.

While for the faculty category, Criselyn Umipig from the Basic Education School won 1st place, Hannah Rosete from College of Education and Sciences garnered 2nd place, and Nikki Bersalona from COB got 3rd place.

"It is a great platform to build rapport with other students, especially those who are in the other departments kasi we are all busy doing our academic responsibilities, and 'yung foundation day it served as a rest day for every student and make some friends. As a matter of fact, masmarami kaming nakilala personally na nakakausap lang namin before virtually," John Kenneth Garcia, LGT Champion. He also mentioned that LGT hones their talent more because they were challenged to think outside the box and do more.

Before, every time I get into a competition, may fear talaga ako pero as you conquer your fear and do something to turn it down, doon mo mas naiimprove yung talent mo and of course nabubuild yung personality," Garcia added.

Garcia said that self-confidence can't be earned in one sitting because it is a matter of mental conditioning on how they can improve and if there's an opportunity to showcase.

“Competitions aren't only competing for the title, plaque, or medal, it is conquering yourself.”

A WEEK FOR LORMANIAN PHYTONS

BY DAN ANDIEL DIAZ

The students and faculty of the College of Computer Studies and Engineering celebrated its annual CCSE Week last March 27 to April 1, 2023. With the theme, "Connect, Collaborate, Spark, Explore.", the week-long event featured competitions that promoted the skills and abilities of student. They were engaged in fun and challenging activities held in the Covered Court of Lorma Colleges San Juan Campus.

Day 1

Dr. Allan Lao, Chief Technical Operations Division of the Department of Information and Communication Technology Cluster I, former Dean of the College of Computer Studies and Engineering, was the resource speaker for the opening program. He highlighted the importance of technology and innovation and the role of each student in creating ideas for a modern future. The opening program was followed by interactive games that students participated in.

Throughout the week, various activities, booths, and competitions were organized by different organizations where they showcased their technical and analytical skills to the institution.

Day 2

Lorma Colleges conducting the Lorma ICT Provincial Competition wherein Senior High Schools from various towns of La Union participated in contests such as the ICT Quiz Bee, Math Wizard, and Web Design contests that tested their proficiency in the field of ICT, mathematics, and web development with BHC Educational Institution Inc., achieving the championship for ICT Quiz Bee and Math Wizard, and Luna National High School achieving the championship for the Web Design. At the same time, the CCSE Booth Boganza featured the different organizations and clubs of the department.

Day 3

The third day of CCSE Week was filled with activities that tested the student's physical skills and mental prowess through games such as Laro ng Lahi. It was then followed by the Mobot Cup, where Computer Engineering and Senior High School students showcased their projects in robotics that took part in challenges like Line Tracing, Balloon Popping, and Soccer.

Day 4

CCSE Cares Outreach Program was conducted wherein the faculty members together with the College of Pharmacy visited Barangay Arosip, Bacnotan, LaUnion. The faculty conducted seminars and productivity tools for the residents.



Design your Game Plans Pythons. CCSE celebrates its annual CCSE Week with challenging and exciting events. Photos from CCSE Week in the New Normal

Day 5

The Amazing Race in the morning was facilitated, which was then followed by the Tech Talks with the Alumni in the afternoon. The awarding ceremonies were followed by raffles and games. The week ended with the e-Games and celebration of the Day with Alumni held at Acacia Alfresco the following day.

When asked about the triumphant CCSE Week, Hussein El Sayed Ahmed, the CCSE-SBO President said, "I believe that the CCSE Week was a success because our goal was met, which is to create an interactive platform for CCSE students to demonstrate their talents and vocabulary in coding or programming and many other areas. This goal was successfully accomplished." He added that the event was successful because of the effort of the officers and teachers along with the active participation of the students.

Overall, this year's CCSE Week was a success. With the return of Face-to-face modality, students were able to participate in the events in person. The CCSE Week not only showcased the technological prowess of its students but also encouraged collaboration among each other.

CPRT, COB

REAP GOLDS

IN FUTSAL AND TABLE TENNIS TILT



BY JAMES STEPHEN SANCHEZ

It's a gold rush for the College of Physical and Respiratory Therapy and the College of Business, as they bagged numerous golds in the futsal and table tennis competitions during the Lorma Sportsfest 2023 held on March 4, 2023.

After routing the College of Pharmacy, the CPRT blue wolves ruled the futsal tourney and grabbed twin golds in table tennis men's singles from Jan Aquino (Set A) and Brandon Guerrero (Set B). Aquino outplayed Rayzen Dao-ayan (silver) from the College of Medical Laboratory Science (CMLS) and Daryl Cardinez (bronze) of COB, while Guerrero proved to be too much for CCSE's Benedic Marzo (silver) and CMLS's Mark Etchon (bronze).

The College of Business got its first two golds from Jennifer Olea and the tandem of Riza Balancio and Elyra Angela Estolas. Olea topped the Women's Singles Set A after dominating Christel Lachica (silver) of the College of Education and Sciences (CES) and Gail Martinez (bronze) of the College of Radiologic Technology (CRT). Meanwhile, in the women's doubles

category, Balancio and Estolas surged past Nadine Navalta and Jan Tricia Natura of the College of Nursing (silver) and Lei Ann Rebadavia and Abelaine Dawara of the CMLS (bronze).doubles.

CMLS and CON also brought home gold, as Jairah Raciles of CMLS bested Kimberly Etchon of CES (silver) and Leigh Barber of CON (bronze) in the women's singles category. And the duo of Aron Jon Fronda and John Angelo Valdez from CON manhandled CRT's Phillip Layco and Zacchaeus Quilloy (silver) and CMLS's Kasyari Waggay and Noeh Jonn-ren Biluan (bronze) in the men's



CCSE SURVIVES CON, NABS LORMA SPORTSFEST ML CROWN

SPORTS

SPORTS

CCSE SURVIVES CON, NABS LORMA SPORTSFEST ML CROWN

BY JAMES STEPHEN SANCHEZ

ALL HAIL THE NEW RULERS OF THE LAND OF DAWN.

The College of Computer Studies and Engineering Team Anode squeaked past Team Potchi from the College of Nursing, 2-1, to secure the championship in the Lorma Sporstfest 2023 Mobile Legends: Bang Bang tournament at the Lorma Colleges Center for Learning and Innovation San Juan Campus on December 16, 2022.

Composure and chemistry made the difference for Team Anode to steal the momentum, dominate Team Potchi in the deciding game, and march toward total victory.

CCSE had the upper hand in draft picks and capitalized on ganks and early aggression to take Game 1 of the best-of-three series. However, with its back against the wall, Team Potchi managed to regroup and came back strong in Game 2 to even the series at 1-1.

In the first elimination game, Team Anode faced and eked out its sister team, CCSE Team Cathode, 2-1, to start their title campaign.

Meanwhile, in the quarterfinal elimination, Team Anode made quick work of Alter Justice from the College of Physical and Respiratory Therapy, 2-0, and booked their ticket to the semi-finals.

Facing fellow undefeated team Hulk N Friends in the semis, Team Anode didn't seem fazed as they produced a 2-0 beating to seal their trip to the finals.

CON, CPRT DOMINATES 2023 BADMINTON TOURNEY

BY JAMES STEPHEN SANCHEZ

SPORTS

The College of Physical and Respiratory Therapy Blue Wolves and College of Nursing Elites came out firing on all cylinders to grab multiple medals in the Lorma Sportsfest Badminton Tournament at the Lorma Carlatan Campus Pavilion on March 11, 2023.

Esteavenson Mina, Brandon Xavier Guerrero, Jezrael Vanquiray, Angelica Bautista, and Angelica Fabro led the pack for the Blue Wolves, while Hanz Drevin Claustro, Eighteen Arreola, Jesirylle Perez, Lance Rabo, and Christian Mark Raguindin spearheaded the Elites.

In the men's singles (Set A), Mina outclassed Joshua Vejerano from the College of Medical Laboratory Sciences and Jhammel Nantes from the College of Nursing, who bagged silver and bronze, respectively.

In Set B of Men's Singles, Claustro poised his way to the gold as he surpassed Andrae Niegos (bronze) from CPRT and Joshua Castañeda (silver) from the College of Pharmacy.

Meanwhile, the duo of Rabo and Raguindin prevailed in the men's doubles (Set A). They managed to overcome the tough challenges of Oliver Sion and Joemari Gramaje from CMLS (silver) and the duo of Marvin Urpiano and Hans Francisco from the College of Radiologic Technology (bronze).

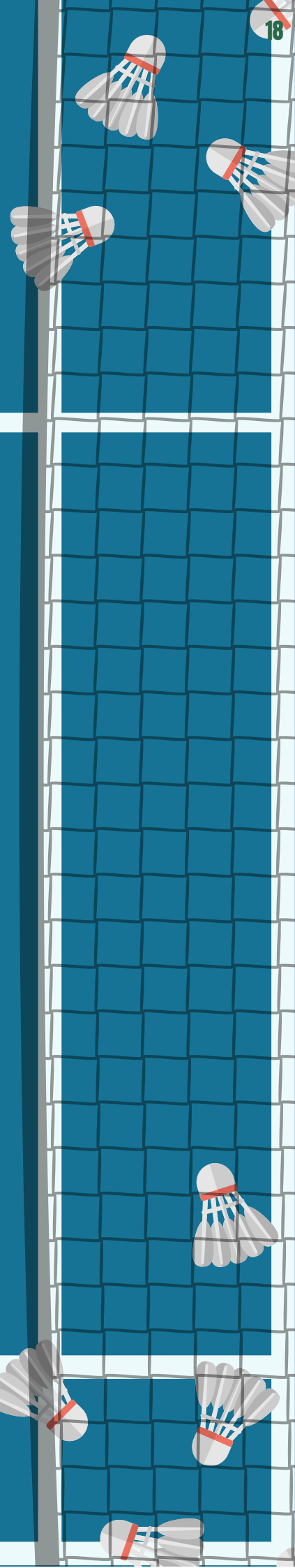
In men's doubles Set B, the tandem of Guerrero and Vanquiray secured the gold after dispatching CON's Denver Lite and Mark Angelo Acosta and CRT's Janwell Literal and James Dumo.

Moving on to the women's doubles (Set A), Arreola and Perez of the CON Elites reigned over Kristel Dumpit and Daniela De Guzman of CMLS and CPRT's Hannah Bea Guzman and Jessa Belle Ballesteros.

In Set B of Women's Doubles, the dynamic duo of Fabro and Bautista outsmashed Althea Acquitan and Gisella Lunor of CRT (silver) and Alyssamae Munar and Radharani Visperas of the College of Education and Sciences (bronze).

In Women's Singles Set A, Jollie Ann Dian of the College of Education and Sciences nabbed the gold after thwarting Lei Ann Rebadavia of CMLS and Jasmine Mañalac of CRT, who got silver and bronze, respectively.

For Set B of Women's Singles, Angela Mudag of CMLS got the best of CON's Mariah Versola and CRT's Jova Dom



GOOD TRAITS, BEST QUALITIES

By Arabella Grace F. Navor

Comics By Eubastine Diamante

You are a psychic who can see auras. As you pass by different people, you observe various colors emanating from them. You decipher these colors from bright to dark, and warm to cool. However, as you continue walking, you suddenly feel like a punching bag being hit by a soft material. What's even weirder is that this 'thing' starts talking louder and louder, like a whistling kettle.

With hardcore curses from your friend, a snap of the fingers wakes you up to reality.

You are late.

The world is revolving, and indeed, you can see that with a hangover. Yet, despite the consequences, you manage to snap yourself out of it and go on with your usual day.



Inside the jeepney, people are going about their daily lives. Among them, there is always someone who catches your attention. Today, it's a girl dressed in all white, with a sleek bun and a beautiful pair of expensive bags under her eyes. Nursing students always attract attention in many ways. Apart from their pleasant looks, they are admirable and flexible. Their unwavering compassion can never be taken away from them. How ironic it is that the student nurse inside the jeepney demands her change twice. Is that snatching? Or is it proof that students in the College of Nursing never have a "lutang moment-free day"?

As you arrive at school, you feel the scorching heat from the sun, but you're too tired to complain. So, you embrace the heat, just as you embrace your fate of being late. It's already break time, and a corporate-looking group of people passes by. You wonder how many trials and errors they've gone through, and how they analyze every growth and decline. Their assertiveness is written on their faces as they walk with marks of competitiveness. Without a doubt, they belong to the College of Business.

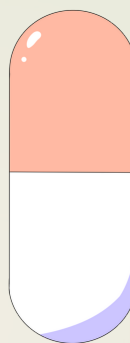


Then come your friends with their kits. You wouldn't be surprised to know what's inside. They could be the vampires of the school, but their hard work and critical qualities make them reliable. The College of Medical Laboratory Science will not disappoint you with their skills and looks, but don't try to anger them if you don't want your veins to suffer or, worse, turn blue.

How peaceful it is in the presence of people who radiate gentleness in this school. Being looked at with their kind eyes would already make you feel loved and cared for. When you know who they are and what they do, you are lucky to be among the people of the College of Physical and Respiratory Therapy. If you don't know them and even ask for an efficascent oil and a massage, don't expect to receive any relief from them.



Professionalism shapes their overall character. The lesson plan challenges them. With their pleasing personalities and confidence, there is a great sense of responsibility and purpose. The people of the College of Education and Sciences possess knowledge that they are always willing to share. That being said, they have outstanding communication skills, which are not only used for teaching. What could that be? What's new, Marites?



Are you feeling any headaches from a constant late-night review? A sudden twist in your gut from a getaway Baguio trip? Or a strain on your foot from falling in love with the purple-uniformed students in the school? Perhaps they are the scouts on an adventure; tiny, colorful pills are only their weapons. They may be surrounded by the bitterness of drugs, but a taste of healing will make life sweet. Indeed, the people of the College of Pharmacy are hidden behind the hue that promotes goodwill and understanding.

People in scrub suits, they say, are charismatic. Although that is not up for debate, the people at the College of Radiologic Technology would be living proof. Analyzing images through different positions would be an interesting aspect of what they do, but don't sulk if they love machines more than they love you. They are risk-takers. Nonetheless, it's an important reminder that they don't repair radios!



If they say "code," it could have a different connotation for these people. For medical and paramedical students, it's not good news. But for them, it could be. The College of Computer and Engineering as well as the Skills Development Institute are known to be brilliant, creative, and efficient. Behind their high-graded eyeglasses are the eyebags they earned from solving bugs. Though they tend to be mysterious, gloomy, and introverted at times, they are always ready to know more (about you).

There are indeed different traits and qualities that make a department distinct, especially the people. They possess different colors of auras, not in the psychic view but in the bird's-eye view. These differences are what make them uniquely beautiful.

So as you reach your classroom, you notice that everyone is murmuring, talking in the air, and pacing back and forth. You asked one of your classmates.

She said, "may retDEM tayo ngayon girl."

I guess I was lutang during the announcement.

By Arabella Grace F. Navor

But regardless of what you are wearing right now—whether it's a pair of shiny black shoes reflecting all your backlogs, a pair of white shoes marked by tasks, or a pair of flip flops imprinted with stress—you are about to embark on a marvelous journey where peace and joy await: La Union.

From mountains to sea highlights, sunsets to gardens, and cultures to people, La Union sparkles with the best. Regardless of the pair of shoes you wear, always leave a footprint in a place where you find peace. Here, we can confidently state that behind the colors of the earth lies a spectrum of shades deep within. And La Union is the perfect place to explore those shades!



SANGGUNANG MAG-AARAL NG LORMA PRESIDENT TURNS MUTIA TI LA UNION - KALIKASAN

By Janica Marzo



Do you remember the 21st night of September? Well, no one's ever certain about what happened on that day, but Patricia Nichole Bangug, a Lormanian and former president of the Sangguniang Mag-aaral ng Lorma, definitely knows what happened on March 2nd. She was crowned Mutia Ti La Union-Kalikasan.

Since childhood, Patricia has had a passion for serving her community, and she has turned this passion into action. Lorma Colleges played an important role in shaping her into the leader she is today, providing opportunities for her to serve and lead through various organizations and activities. Her burning passion enabled her to commit and make time for each activity she pursued.

As a queen, Patricia aims to raise awareness and promote Environmental Health. She co-founded Elyu-Kanas' drive, which includes the program "CommuniTREE Nursery." This initiative promotes sustainable food habits and helps maintain clean air through the plants' photosynthetic process by encouraging the community to grow their own food in their backyards. As the province of La Union becomes famous for its "beach breaks," the environment of the province is at stake. Joining clean-up drives, volunteering to teach environmental awareness, and participating in seminars as a speaker are just a few items on Patricia's routine as she continues to pursue her advocacy.

However, every journey comes with challenges. Patricia has faced unfavorable comments from others from time to time. Despite these challenges, she keeps her chin up and uses them as tools for self-improvement. With the support of her loved ones, her biggest motivation to become one of the Mutia Ti La Union queens is her lifelong dream of having a larger platform to uplift the lives of others.

Even for those who seem to have it all figured out, like Patricia, many students may feel overwhelmed with the responsibilities they face in their daily lives, often feeling trapped in a cycle. She emphasizes the importance of rest to all Lormanians who feel this way with her encouraging words: "If you're tired and overwhelmed, it's okay to rest and ask for help from your co-student leaders. It's okay to let yourself loose once in a while and engage in other things you are passionate about. You're still young, and it's crucial for you to experience life beyond school work and organizations."

Patricia's story is a testament to the power of perseverance and determination, as well as the importance of having a strong support system and taking care of oneself. And here's one last pro-tip from Mutia Ti La Union-Kalikasan, 2023: listen to your ultimate confidence booster song if you ever feel nervous about something. For Patricia, it's "Ba-dee-ya dancin' in September" by Earth, Wind & Fire!

HOW DO YOU FEEL TODAY? By Janica Marzo

Painting t-shirts, receiving free stickers of your choice, photo booths, a mini art gallery, film viewing, Zumba, clearing your mind with a freedom wall, and bonding with friends—it may sound like a great hangout session, but these are actually part of the activities offered by the Guidance and Counseling Office of Lorma during the Emotional Health Week for Grades 1 to 12.

The isolating effect of the pandemic, despite the return to the "new normal," has been a concern for the school.

Each and every one of us is faced with the challenge of coping with the uncertainties of everyday life, which shapes us to be resilient. The Emotional Health Week program, with the theme "Resilience," aims to provide a safe space for students to express their bottled-up emotions, thoughts, and feelings through creativity and music. It emphasizes that being honest with one's emotions does not make them any less strong.

According to feedback from some Lormanians who attended the event, the program was enjoyable

and relaxing for them. It allowed them to engage with their peers and take a break from their schoolwork. Events like these provide students with information, tips, and benefits that strengthen their emotional health. The Emotional Health Week program at Lorma is a great example of how schools can create a safe and supportive environment for their students to thrive. Indeed, being a Lormanian means being equipped not only with academic knowledge but also with emotional intelligence and resilience to face the uncertainties of life.



Lormanians Pave the Way to the World of Festivals with Dashing Colors and Loud Chants

by Gerwin Gagucas

"In my 8 years of teaching, the school never participated in street dancing and festival agendas, but today marks the calendar that the Lormanians took their place on the roster, and it made an impact." – Ryan Pintucan, Sanduli Dance Troupe Adviser

The Lorma's Sanduli dance troupe dashed with chants, garnering 2nd place during the Pindangan Festival Street Dancing Competition held in front of the people's office of San Fernando La Union and around the market as they swayed and chanted under the heat of summer.

It has been years since the Lormanians participated in such activities, and there is no doubt that the Lormanians faced some challenges along their journey. Ryan Pintucan, Sanduli Dance Troupe Adviser, said that it has been hard for them to schedule practices where they can all meet as one since the dancers are also students with academic responsibilities.

Furthermore, amidst the practice of the dancers, the new normal COVID-19 has set still bugs many as they adapt to culture shock due to having to attend face-to-face practices while having their classes online. With these, the dancers still felt the festival spirit as they went through and paved their way. According to Janessa Salvatierra, Sanduli Dancer, "It was fun because I met different people, shared my talent, and learned the history of the festival. I have created unforgettable memories and given us the opportunity to showcase our talent as dancers. It pushed me to explore many things and embrace the joy of dancing in front of many people."

With that, the dancers are still hoping that this is not the last time they will dash with colors, as this is the first time in many years that Lorma Sanduli has participated in street dancing.

Ode to Myself by Gerwin Gagucas

An achiever, looked upon; so clever
Praises and expectations are heavyset
I was never like that, a deceiver
Go on, feed their satisfaction like debts

I know who you are
And deny, you're no star
I know you are a sturdy piece
And accept it, make peace

It hurts to see you like this
You've already done so much
Why not take your part in bliss
Give in, you are tired, let it clutch

Take a breather, breathe, breathe
Give it the right, the opportunity
Let the real you be real unsheathe
Stop this mess, release impunity

Hey self-Why let me see you cry
Why let me see you say bye
Hey self-I will adore you always
I will adore you in all ways

So, stop the crying, stop the pretending
Be weak and small if you must
Admit and you are no small fry unbending
I'm yourself, I know who you really are, give me your trust



ALTOGETHER THERE WAS THAT CORNER: THE TRADE FAIR

By Arabella Grace F. Navor

School events always spark excitement as they refresh the genuine camaraderie among students. Hence, meeting and reuniting with beautiful people from different departments provokes a bright environment where everyone is free to enjoy the moments.

As the 53rd anniversary of Lorma Colleges' founding commenced, the delicacies and gifts that the Lormanians presented definitely brightened people's spirits at the trade fair. With the theme "Unveiling the Culture Towards the Future", the different departments have showcased their creativity as they embrace the true essence and uniqueness of our culture.



If you are a person who loves styling up and enjoys being "kikay", then the booth of the College of Education and Sciences must have spiced up your interests. The variety of tastes must have made students wear their Lorma smiles after being treated to

the sights of woven tote bags, scarves, and coin purses with pockets paid up with a hole, not to mention the delicious shaved ice by the department.



In any instance where you feel "aesthetic", the College of Computer Studies and Engineering has displayed a set of phone cases to add to your collection. This will be suitable for students who enjoy using several phone cases for various occasions or even days. Desserts were also

served to energize and create a lasting experience at the event.

A buffet-like food stall with complete nourishment and refreshments was also found, as the College of Business leads the way. Nuggets with barbecue dipping sauce, banana crepe, lumpiang gulay, hotdogs, and donuts were flaunted together with the captivating

beverages named after Miss Universe 2015, Pia Wurtzbach, Miss Universe 2018, Catriona Gray, and Mutia ti La Union 2023 2nd Runner Up, Strebel Bugnay, who is a proud Lormanian.



Truly, foods cannot just be described as "good," as the College of Medical Laboratory Science will wake you up from feeling blue. The department's food shack has presented pastries and coffees for its lovers. A sumptuous breakfast is also served for the students on duty after a sleepless night from a review or a late-night talk with someone special.



The College of Nursing has proven that nursing is indeed an art through its trade booth, where a variety of items were presented. A couple of handmade accessories have inspired outfits for students who love



styling up. Add it up with a tint of herbal henna tattoo and a flash to capture a photo filled with moments to look back on with the CON did photoshoots. End the experience at the booth with learning, as educational materials were offered that can be used during duties.

For the students who were craving crispy snacks and cold beverages, the College of Pharmacy and the College of Radiation Technology crunched up the whole day for the event. Lumpia, as one of the favorites of every Filipino, has satisfied the cravings of students who were ever ready for that stinging sensation of vinegar.



After a full tummy, get a souvenir made with a prime foundation of love and effort with crocheted items. With a string of connections, follow the route set by the students of the College of Physical and Respiratory Therapy. Perfect for those who are artsy, the items presented completely delighted the students.



Behind all of these are the hardworking and diligent faces of the people who kept the fire burning as the event took place. These people have shown their willingness and zeal to make the day prosper. After all, there was a place in the corner where the light shone the brightest.



VISION

We envision LORMA COLLEGES as an educational institution with a global perspective – emphasizing quality, Christian values and leadership skills relevant to national development.

MISSION

Our mission is to empower students for service anywhere in the world through Christian-inspired, quality-driven and service-oriented education and training.